

Tri-Valley Calendar

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July, 2010

<i>Date</i>	<i>Day</i>	<i>Event</i>	<i>Time</i>	<i>Location/phone</i>
7/7	Wednesday	A Matter of Balance Program	9:30-11:30	Millville/Blackstone Call: Tri-Valley 1-800-286-6640
7/8	Thursday	My Life, My Health - Chronic Disease Mgmt.	1-3:30	Uxbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640
7/14	Wednesday	A Matter of Balance Program	9:30-11:30	Millville/Blackstone Call: Tri-Valley 1-800-286-6640
7/15	Thursday	My Life, My Health - Chronic Disease Mgmt.	1 - 3:30	Sturbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640
7/21	Wednesday	A Matter of Balance Program	9:30-11:30	Millville/Blackstone Call: Tri-Valley 1-800-286-6640
7/22	Thursday	My Life, My Health - Chronic Disease Mgmt.	1 - 3:30	Sturbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640
7/28	Wednesday	A Matter of Balance Program	9:30-11:30	Millville/Blackstone Call: Tri-Valley 1-800-286-6640
7/29	Thursday	My Life, My Health - Chronic Disease Mgmt.	1 - 3:30	Sturbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640

August, 2010

<i>Date</i>	<i>Day</i>	<i>Event</i>	<i>Time</i>	<i>Location/phone</i>
8/4	Wednesday	A Matter of Balance Program	9:30-11:30	Millville/Blackstone Call: Tri-Valley 1-800-286-6640
8/5	Thursday	My Life, My Health - Chronic Disease Mgmt.	1 – 3:30	Sturbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640
8/12	Thursday	My Life, My Health - Chronic Disease Mgmt.	1 – 3:30	Sturbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640
8/19	Thursday	My Life, My Health - Chronic Disease Mgmt.	1 – 3:30	Sturbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640
8/26	Thursday	My Life, My Health - Chronic Disease Mgmt.	1 – 3:30	Sturbridge Sr. Ctr. Call: Tri-Valley 1-800-286-6640