

FOOD STAMPS

It's Easier Than You Think

Applying for Food Stamps for eligible senior citizens is now easier than ever. Here is the latest information:

- The application has been simplified. The paperwork has been shortened to 4 pages. Older adults can fill out as much of the application as possible, send the form to the nearest DTA office, and request a telephone interview.
- Medical expenses greater than \$35 per month are taken into consideration when annual income is calculated.
- \$3,000 can be in the bank and a person can own a vehicle and his/her own home and still be eligible.
- Food stamp recipients receive a plastic debit card that they or a helper can use to purchase groceries.
- Older adults living alone receive an average of \$43 in food stamps monthly.
- Anyone eligible for food stamps is automatically eligible for utility discounts.

The Food Stamp Program is an entitlement program. It is a nutrition assistance program designed to help low-income individuals, including seniors, buy and consume nutritious foods.

If you need an application or have questions, call the Food Source Hotline at 1-800-645-8333. Online you can go to www.gettingfoodstamps.org

Local DTA Offices

25 Birch Street
Milford, MA 01757
508-634-7100

79 North Street
Southbridge, MA 01550
508-765-2400

Other Food Assistance Programs

Farmers Markets – to locate one near you call 1-617-626-1700 or online at www.mass.gov/agr

Food Pantries – to locate one near you call 1-508-842-3663 or online at www.foodbank.org

-OR-

CALL THE TRI-VALLEY INFORMATION OFFICE AT 1-800-286-6640

