

# S E P T E M B E R 2 0 0 7

## T r i - V a l l e y , I n c .

10 MILL STREET, DUDLEY, MA 01571 TELEPHONE (508) 949-6640 or 800 286-6640

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3. LABOR DAY HOLIDAY</b></p> <p><b>NO MEALS SERVED</b></p>	<p><b>4. HAM WITH MAPLE GLAZE</b></p> <p><b>BAKED BEANS</b></p> <p><b>COLESLAW</b></p> <p><b>FRENCH BREAD</b></p> <p><b>FRUITED JELLO</b></p> <p><b>(SUGAR FREE JELLO)</b></p>	<p><b>5. ROASTED CHICKEN WITH</b></p> <p><b>SUPREME SAUCE</b></p> <p><b>MASHED POTATOES</b></p> <p><b>DICED CARROTS</b></p> <p><b>MULTI GRAIN BREAD</b></p> <p><b>PUDDING (DIET PUDDING)</b></p>	<p><b>6. BEEF MARSALA</b></p> <p><b>RED BLISS POTATOES</b></p> <p><b>SUMMER BLEND VEGGIES</b></p> <p><b>RYE BREAD</b></p> <p><b>FRESH FRUIT</b></p>	<p><b>7. MACARONI &amp; CHEESE</b></p> <p><b>STEWED TOMATOES</b></p> <p><b>WHEAT BREAD</b></p> <p><b>PEARS</b></p>
<p><b>10. CORN CHOWDER</b></p> <p><b>CHICKEN SALAD</b></p> <p><b>POTATO SALAD</b></p> <p><b>PICKLED BEETS</b></p> <p><b>WHEAT BREAD</b></p> <p><b>PEACHES</b></p>	<p><b>11. TURKEY &amp; GRAVY</b></p> <p><b>MASHED POTATOES</b></p> <p><b>CRANBERRY SAUCE</b></p> <p><b>PEAS &amp; ONIONS</b></p> <p><b>DINNER ROLL</b></p> <p><b>BROWNIES</b></p> <p><b>(GRAHAM CRACKERS)</b></p>	<p><b>12. SPAGHETTI &amp;</b></p> <p><b>MEATBALL</b></p> <p><b>TOSSED GREEN SALAD</b></p> <p><b>ITALIAN DRESSING</b></p> <p><b>FRENCH BREAD</b></p> <p><b>MANDARIN ORANGES</b></p>	<p><b>13. CHICKEN FRANCESE</b></p> <p><b>SEASONED POTATOES</b></p> <p><b>CARROTS</b></p> <p><b>MULTI GRAIN BREAD</b></p> <p><b>PUDDING</b></p> <p><b>(DIET PUDDING)</b></p>	<p><b>14. BEEF TERIYAKI</b></p> <p><b>STEAMED RICE</b></p> <p><b>CHINESE GREEN BEANS</b></p> <p><b>OATMEAL BREAD</b></p> <p><b>FRESH MELON</b></p>
<p><b>17. PORK SUPREME WITH</b></p> <p><b>MUSHROOM SAUCE</b></p> <p><b>RED BLISS POTATOES</b></p> <p><b>MIXED VEGETABLES</b></p> <p><b>WHEAT BREAD</b></p> <p><b>PUDDING</b></p> <p><b>(DIET PUDDING)</b></p>	<p><b>18. HONEY BAKED CHICKEN</b></p> <p><b>CONFETTI RICE</b></p> <p><b>BROCCOLI</b></p> <p><b>OATMEAL BREAD</b></p> <p><b>MIXED FRUIT</b></p>	<p><b>19. SWEDISH MEATBALLS</b></p> <p><b>MASHED POTATOES</b></p> <p><b>CORN NIBLETS</b></p> <p><b>DINNER ROLL</b></p> <p><b>PEACHES</b></p>	<p><b>20. MINESTRONE SOUP</b></p> <p><b>BAKED FISH W/LEMON</b></p> <p><b>PEPPER SAUCE</b></p> <p><b>STEAMED RICE</b></p> <p><b>ZUCCHINI &amp; TOMATOES</b></p> <p><b>RYE BREAD</b></p> <p><b>FRESH APPLE</b></p>	<p><b>21. HOT DOG &amp; ROLL</b></p> <p><b>CONDIMENTS</b></p> <p><b>BAKED BEANS</b></p> <p><b>COLESLAW</b></p> <p><b>COOKIES</b></p> <p><b>(GRAHAM CRACKERS)</b></p>
<p><b>24. CHICKEN PICATTA</b></p> <p><b>LEMON GARNISH</b></p> <p><b>HERBED RICE</b></p> <p><b>GREEN BEANS</b></p> <p><b>BISCUIT</b></p> <p><b>PINEAPPLES</b></p>	<p><b>25. STUFFED CABBAGE</b></p> <p><b>MASHED POTATOES</b></p> <p><b>CARROTS</b></p> <p><b>WHEAT BREAD</b></p> <p><b>BIRTHDAY CAKE</b></p> <p><b>(PLAIN CAKE)</b></p>	<p><b>26. SALMON BOAT WITH</b></p> <p><b>DILL SAUCE</b></p> <p><b>MASHED POTATOES</b></p> <p><b>PEAS &amp; ONIONS</b></p> <p><b>MULTI GRAIN BREAD</b></p> <p><b>MIXED FRUIT</b></p>	<p><b>27. TURKEY &amp; GRAVY</b></p> <p><b>CRANBERRY SAUCE</b></p> <p><b>SWEET POTATOES</b></p> <p><b>SPINACH</b></p> <p><b>DINNER ROLL</b></p> <p><b>FRESH FRUIT</b></p>	<p><b>28. CHICKEN FLORENTINE</b></p> <p><b>RED BLISS POTATOES</b></p> <p><b>BROCCOLI</b></p> <p><b>OATMEAL BREAD</b></p> <p><b>PUDDING</b></p> <p><b>(DIET PUDDING)</b></p>
			<p><b>TRI-VALLEY RECEIVES</b></p> <p><b>PARTIAL FUNDING FROM</b></p> <p><b>THE EXECUTIVE OFFICE</b></p> <p><b>OF ELDER AFFAIRS AND</b></p> <p><b>CENTRAL MASS AGENCY</b></p> <p><b>ON AGING</b></p>	<p><i>The menu includes: milk</i></p> <p><i>and margarine. Menus are</i></p> <p><i>subject to change.</i></p> <p><i>Reservations must be made</i></p> <p><i>48 hours in advance.</i></p>

Franklin 508 520-4945  
Southbridge 508 764-6313

Northbridge 508 234-2002  
Oxford 508 987-6000

Spencer 508 885-3904  
Sutton 508 234-0703

Upton 508 529-9094  
Uxbridge 508 278-7609

Webster 508 949-6640  
Milford 508 478-8102

Sturbridge 508 347-5063  
W.Brookfield 508 867-1411

**SUGGESTED DONATION: \$2.00 PER MEAL**