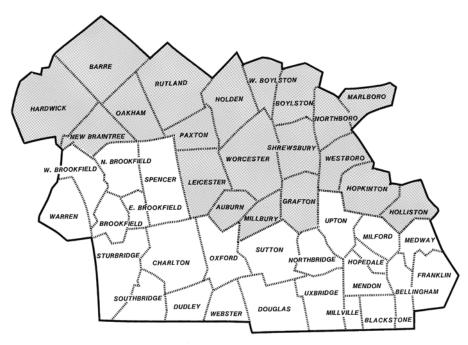
About Tri-Valley

Established in 1976, Tri-Valley, Inc. is a private, non-profit agency providing information, referrals, and care management for in-home and community services in Central Massachusetts. Tri-Valley is committed to the rights of elders and individuals with disabilities to live independently with dignity and safety in a setting of their choice. The policies of the Agency are determined and its activities monitored by an active volunteer Board of Directors. The Agency is administered by an Executive Director and a salaried staff assisted by over 800 volunteers.

Mission Statement

The Mission of Tri-Valley is to promote and maintain an optimal level of independence, dignity and well-being for elders and individuals with disabilities by providing information, advocacy and access to quality services and resources, as well as caregiver support.

Service Area



All Services in: Bellingham, Blackstone, Brookfield, Charlton, Douglas, Dudley, E. Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, N. Brookfield, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster & W. Brookfield Also, (shaded area) Adult Family Care & Personal Care Attendant in: Auburn, Barre, Boylston, Grafton, Hardwick, Holden, Holliston, Hopkinton, Leicester, Marlboro, Millbury, New Braintree, Northboro, Oakham, Paxton, Rutland, Shrewsbury, Westboro, West Boylston & Worcester

TRI-VALLEY, INC. 10 Mill Street • Dudley, MA 01571 • TEL 508-949-6640 • 1-800-286-6640 TDD 508-949-6654 • FAX 508-949-6651 • E-MAIL info@tves.org • WEBSITE <u>www.trivalleyinc.org</u>



Tri-Valley Annual Report 2014



38 Years of Giving People DIGNITY • INDEPENDENCE • CHOICE

"Home With You" expresses our commitment to be with you through the challenges created by aging, living with a disability or being a caregiver.

Call us when you or someone you care for needs help.

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On the Annual Report cover, Volunteer Janet visiting with Elin.

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Alternatives Unlimited, Anne Biedrzycki, Myra Bigelow, Judith Blanchard, Winona Bouthiette, Julie Cavanaugh, George Colwell, Elizabeth Consigli, Jessica Demerjian, Bernadette Denson, Sally Dupre, Norma Earl, Shannon Elliott, Margaret Ellis, Sarah Freeman, Richard Gleason, Lynne Goding, Maria Griffin, Gregory Habel, Bernard Head, Joanne Head, Ann Hill, Hannah Hobill, H Horace Mann Assoc., Ida Jette, Diane Kierstead, Edna Lariviere, Richard Leclaire, The Ledges, Heather McCobb, Gladys McKinstry, Brenda Melanson, Paul Mosca, Clint Moyer, Mary Overholt, David Pendleton, Karen Pendleton, Stephen Poirier, Richard Provost, Steven Rakitin, Nancy Rettenmyer, Christine Rizoli, Mark Rizoli, Illene Shaner, William Shaner, Christine Shurick, Louise Sutherland, Bernard Tessecini, Charles Vaccaro, Donald Varney, Joan Varney, Grace Wadsworth, Pamela Whitney, David Wilkie Uxbridge Site: Alternatives Unlimited, Joan Caldarella, Nancy Centrella, Donald Clark, Richard Colahan, Albert Emrick, Robert Gondek, Rita Hadley, Daniel Haynes, Russell Holden, Amber Jouett, Kathleen LaScola, Frances Maphet, Gloria Maphet, Pamela Mason, Fay Mee, Jeannine Mercer, Linda Monahan, Richard Napolilla, Arlene Peloquin, Lawrence Peloquin, Victoria Penland, Alice Picard, Mary Svelnis, Richard Taft, Katherine Todaro-Benway, Maureen Volpe, Claire White-Spurgeon, Brandon Yeaman, Deborah Yeaman, Candace Young Webster Lunch Club: Vallarie Leslie, Diana Ross, Lillian Walley, Sam Walley, Kristen Zamis

We are grateful for the service of each Volunteer and apologize for any errors or omissions.

Over 800 **Volunteers** Support our Mission in their Communities!

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Message from the President & Executive Director

Growth in many areas of our agency work has been the theme in our 38th year. We grew in service to all of our client programs. The greatest growth was in the Medicaid programs of Adult Family Care and Personal Care Attendant, and we also experienced increased service numbers in our private contracts with insurance companies for SCO (Senior Care Options) and One Care programs.

Our ADRC (Aging & Disability Resource Center) collaborations with The Center for Living and Working, Central Mass Agency on Aging, Elder Services of Worcester Area, and Montachusett Home Care continue to be strong. The "no wrong door" approach to advice and service is a strength to each of our agencies and the wonderful options counselling opportunities are greatly appreciated by both individuals and their caregiver families.

Our Care TransitionsTM work with the Milford Regional Medical Center to reduce unnecessary readmissions through the CHART grant has been extremely successful. Additionally, our collaborations with BayPath Elder Services, Elder Services of Worcester Area, and Montachusett Home Care on the Central Mass/MetroWest Transitions in Care Collaborative with UMass Memorial Medical Center (University, Memorial and Wing Hospitals) and Tenet Health Systems (St. Vincent, Framingham Union and Leonard Morse Hospitals) has ranked this program among the top performers in the country.

All of this new work has resulted in more projects, more responsibilities and more staff. Our spacious quarters have become crowded and some staff members have had to share offices. As a result we have finished plans to build out the currently unfinished lower level at our building at 10 Mill Street in Dudley. We look forward to beginning construction on expanded office space in the next fiscal year.

As always, we are grateful to our wonderful staff members and volunteers who work devotedly to "serve people 60 and over, younger people with disabilities and caregivers." We welcome our growth as an opportunity to extend our services to more people so that every person can choose to live with dignity in their setting of choice.



Marilyn L. Travinski Executive Director/CEO



Francis X. Small, Esq. Board President

Services in Your Home and Community



Tri-Valley's Information and Resource (I&R) department is your gateway to information and services. Trained I&R Specialists provide free information about a wide range of services and programs. With a large database at their disposal, our I&R, AIRS certified Specialists will help identify the services that are needed and guide the caller to the appropriate resources. The I&R database contains thousands of local, state and national resources including, but not limited to: home care, housing options, nutrition, respite care, fuel assistance, dementia care services, health insurance, benefits and caregiver support. I&R Specialists are available to answer your questions and help guide you to whatever you need, whether it's help at home or finding a service for yourself or another in the community. During

Fiscal Year 2013, the department responded to **8,326** information and referral calls. Tri-Valley's I&R Department is a member of the Alliance of Information and Referral Systems, Inc. (AIRS), a national professional organization committed to improving access to services for all people.

State Home Care (SHC) Program Care Managers complete in-home assessments and develop and manage care plans for elders that promote independent living. Registered nurses conduct Clinical Assessment & Evaluation (CAE) screenings to determine eligibility for nursing home care or adult day health. Three Senior Care Organizations (SCO), Navicare, United and Senior Whole Health and three One Care organizations, Commonwealth Care Alliance, Fallon Total Care and Unify are part of the Tri-Valley family. Our Geriatric Services Support Coordinators assess the need and manage in-home services for these members.

SHC Clients	1,905
CAE Screenings	1,191
SCO Clients	714
One Care Clients	197

Chapter 604 of the Commonwealth of Massachusetts Laws provides for the mandated reporting of abuse, neglect and financial exploitation of elders. Tri-Valley is a designated Protective Services Agency and also has a Crisis Intervention Program.

Protective Services Cases 743 Crisis Intervention Clients 173

The Family Caregiver Support Program provides information, education, and support services to assist caregivers in managing the challenges of caring for an elderly parent, relative or friend.

Group Outreach & Education
Information & Assistance
Caregiver Scholarships
Powerful Tools for Caregivers

47

CCTP Referrals
CCTP Clients
MRMC Referrals
1,376
128

Caregiver Counseling

MRMC Clients

The Community-based Care Transitions (CCTP) programs provide a transition coach to newly discharged hospital and rehab patients to assist with self management and recovery at home, using the evidence based Care Transitions Intervention (CTI) Model. The Care Transition program also contracts with Milford Regional Medical Center (MRMC) for CTI services.

Memorial & Tribute Donations

- Donations in Memory of -

Maureen Andrade, Helen Baird, Nena Bisbee, Paul Bonnette, Joe & Ida Bonetti, Jennie Bourdelais, John W. Brown, Jr., Thelma Brunelle, Ruth Chiasson, Virginia Chiuchiolo, Charles Christos, Jerry & Kay Corbeil, Leo & Lena DeLuca, Albert Duff, Rabia Farooq, Mary Graham, Eva T. Grigas, Walter Grudzien, Ann Harmon, Andrew Jedrzynski, Tom & John Jedrzynski, Ernest Johnson, Willard Kench, Lucille LaPlante, John L. Lapomardo, Normand A. LeBeau, Donald MacAulay, Francis C. Matheson, Janette Miller, Missy, Dorothy Moran, Thomas J. O'Brien, Grace Proctor, Ken Prue, Lorraine Remy, Mrs. Brenda Rigney, Mary & Clifford Rivet, Pauline Rizner, Anne B. (Dalterio) Russell, Ruth King's Siblings, James Small, Helen Travinski Sterczala, John & Sylvia Thompson, Frederick J. & Margaret C. Tingley, Fred Tingley, Helen & Joseph Tondorf, George Trahan, Al & Bertha Travinski, Rose Vincent, Theresa Travinski Wallace

- Donations in Honor of -

All Volunteers, Sadie Kaufman, Rocky, Evelyn Saucier, Al & The Gang at the Upton Meal Site

Tri-Valley welcomes memorial and tribute donations in any amount.

Special Thanks on Behalf of our Clients

Webster Manor for Thankgiving Baskets the Cornerstone Quilters for beautiful laprobes Terrazza's for their giving tree project



Tri-Valley Staff ready to distribute Thanksgiving Baskets from Webster Manor.

Annual Report Design/Production credits to Barbara O'Brien with assistance from Diane Mathurin.

General Donations

Ameriprise Financial / Designated by Irene Garand, Bellingham Elder Service Group, Inc., Anna & Richie Bellows, Nancy Bradley, Barbara Clancy, Country Bank for Savings, Richard & Rosemarie DeGaetano, Kathy & Bob Dougan, Energy Gateway, Inc., Mary Falardeau, Friends of the Sutton Elders, Inc., Irene Garand, Attorney & Mrs. Harold D. Gould, Jr., Martin & Andrea Magoon, Judith Manning, Karon Marcelli, Anita Maurier, Medway Lions Club, Milford Nutrition Site, Peter Murphy, Carol Muschler, Oxford Nutrition Site, Sam & Evelyn Pappas, Attorney Francis Small, Southbridge Lions Club, Inc., Spencer Nutrition Site, Upton Nutrition Site, Uxbridge Nutrition Site, Uxbridge Rotary Club, Attorney Josephine Veglia, Al Weems, Mr. & Mrs. Henry Whittier, Jr.

(\$100 - \$199)

Kalpana & Ravindra Acharya, Anonymous, Audrey & Leroy Bacon, Ann E. Bergman, Barbara Bourdelais, Paula Carmichael, Christ Memorial Episcopal Church, Customers & Employees of Hannaford Supermarket, Janet & Daniel Daigle, Jean Dalbec, East Thompson Volunteer Fire Department, Fallon Community Health Plan – Network Development & Management Department, Dorothy Gravison, Lynn Harris, Hometown Bank, Ginger Wills Howe, Robert Jenkins, KaMac NDT Associates LLC, Anne Kennedy, Scott Kramer, Carolyn Lavallee, Michael & Ann McCurdy, Edward Niedbala, Brian Perry, Evelyn Petrelli, Norine Sielawa Reingold, Lawrence Rigney, Saints Constantine & Helen Orthodox Church Philoptochos Society, Scanlon Funeral Service, Inc., Sturbridge Nutrition Site, Fawad Syed, Paul Trombley, Tru Form Industries, Verizon Foundation Designated by Edward Niedbala

(Up to \$99.00)

A.M. Chaffee School Teachers Fund, Elizabeth Anderson, George & Gail Anderson, Annemarie Annese, Fernando & Elizabeth Augusto, Anne Ayotte, Leonard Baird, Merilyn Bambauer, Shirley Barnes, Theodore Bartlett, Patricia Bassette, Rosalie Beals, Raymond Benoit, Helen Bigos, Deborah Bosse, Jayne Cacciapuoti, Barbara Cahill, Brian & Sheila Caney, Loretta Chabot, Theresa Chad, Russell Chateauneuf, Simon Chiasson, Jr., Church World Service Milford, MA CROP Hunger Walk, Emily Coakley, Ajay & Bethany Colacchio, Nancy Corey, Thomas Cullen, Lorraine & Jim DaDalt, Louise Damian, Doris & Al Daniels, Julie Davis & Family, Donna DeBlois, Leonard DeLuca, Virginia Delang, Leah DiDonato, Jeffrey & Tracy Dlott, Dudley Lunch Club, Shirley Duff, East Brookfield Lunch Club, Faheem Farooq, Colleen Feerick, Regina Ferrera, Fiberoptics Technology, Inc., First Congregational Church of Dudley, Dorothy Francis, Franklin Nutrition Site, Velma Franz, Yvette Frend, Friendly Discount Liquors Canister, Betty Ann Gadoury, Bernard Genga, Lionel & Sandra Godin, Alan & Georgana Gonyea, Lillian Grzyb, Bertha Gvazdauskas, Laurel Henderson, Eleanor Horanzy, John V. Iadarola, Dot Jackson, Helen Jackson, Mildred Jacques, Rochelle Jedrzynski, Corilda Johnson, KT Nails, Effie Karas, Theresa Kench, Ruth King, Helen Kolodziej, Ladies Workout Express Canister, Joseph LaPlante, Sharon LaRosa, Joanne Lavengood, Jean Lebeau, William & Nancy Lesley, Cheryl Leyden, Linda Lorkiewicz, Irene Lucier, Margie, Kay, Nancy & David MacAulay, Nancy MacIntyre, Annie MacLeod, Cecelia Majka, Mapfre / USA, Lester Marchand, George Marino, Rocco Marino, Michelle Masse, Tina Mead, Diana Merrill, Honey Meyer, Millville Lunch Club, Jill Moody, John & Gertrude Moorey, Bessie Morgan, Marsha Murray, Clara Nichols, Leslie Nicholson, North American Family Campers Association – Bay Path Chapter No. 114, Northbridge Nutrition Site, Janice Nowicki, Tom & Barbara O'Brien, Audrey Oriente, Oxford Education Association, Jennifer Pariseau, Anita Parker, June & Bob Pelletier, Stacia Pepka, Jeff & Nancy Perry, Alice Picard, Robert & Marian Pils, Popular Precast Products, Elaine Porter, Lisa Prince, Attorney Charles Proctor, Beverly Prue, Vincent & Norma Rannigan, Annette & Dimitri Rapo, Evelyn & George Rizner, John & Georgeanne Roe, Lucille Royal, Virginia Rubrigi, Karen Russo, Lois & Ruthie, Joan Saucier, Karen Schulman, Evelyn Seelig, Stephen & Barbara Selinger, Sitkowski & Malboeuf Funeral Home, Southbridge Nutrition Site, Joyce St. Germain, "Staff Member", Peter & Carla Starr, Richard & Diane Starr, Anna Steele, Larissa & Bruce Stretton, Pamela Swift, Janice Swindell, Joseph & Constance Tancrell, Nancy Thibaud, Billy & Maria Tittle, Paul Tondorf, VG Training Team, Sheila Vernon, Lisa Vicario, Margaret & Elmer Viens, Jerry & Debbie Wadman, Wade & Marlene Wadman, Jane Waterhouse, West Brookfield Nutrition Site, Justina Wolf, Sandra Young, William Yucatonis, Glory Zyskowski

Services (continued)

The Ombudsman Program provides advocacy for residents of long term care facilities and works to improve their quality of life and care. Through regular visits, Ombudsmen investigate and resolve complaints by residents and help family members with information.

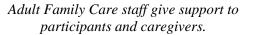
1.164

The Adult Family Care (AFC) Program provides family living to elders AFC Clients and adults as an alternative to institutional care. Participants are carefully screened and matched with caregivers who provide 24-hour support in their homes.

The Personal Care Attendant (PCA) Program is consumer directed wherein PCA Clients the individual selects, trains and employs his or her caregiver with training and support from the Tri-Valley PCA staff.

234







The Nutrition Program provides good nutritious meals for people at home and in the community.

The Nutrition Program provides meals-on-wheels to home-bound elders and congregate meals at ten Community Dining Centers and ten Senior Lunch Clubs with help from hundreds of dedicated volunteers.

Congregate Meals Served 51.273 **Meals-on-Wheels Served** 201810

Volunteers, through our Community Support Services Program, provide Companion, Friendly Visitor and Money Management services.

Companion/Visitor Clients Money Management Clients

10

The Alzheimer's Support Network of South Central Mass Inc. provides supportive services to caregivers of persons with dementia, through in-kind use of the Tri-Valley office. ASN offers helpline assistance, caregiver support groups, respite assistance and volunteer opportunities.

ASN Helpline Calls 166 **ASN Respite Days Funded Support Group Attendees**

Foundation & Major Donor Support

Fiscal Year 2013 (July 1, 2013 – June 30, 2014)

(\$30,000)

George W. Wells Foundation, Bank of America, N.A., Trustee

(\$10,000)

John J. & Elizabeth M. Kunkel & Family Foundation, Inc.

(\$5,000 - \$9,999)

Greater Worcester Community Foundation—Lorraine Crepeau Fund Massachusetts Bankers Association

Savers Bank

United Way of Southbridge, Sturbridge & Charlton, Inc.
United Way of Webster & Dudley, Inc.
Webster Five Foundation



The Massachusetts Bankers Association presented \$5,000 to Tri-Valley's Money Management Program. SpencerBank nominated Tri-Valley for the award. Pictured from Tri-Valley are: Jayne Cacciapuoti, Community Support Services Director, Brian Perry, Treasurer Board of Directors and Marilyn Travinski, Executive Director along with members of the Massachusetts Bankers Association.

(\$1,000 - \$4,999)

Customers of Terrazza, David Gagnon, Meals on Wheels Association of America, Katharine C. Pierce Trust, Spencer BANK, Worcester County Food Bank Fund to End Hunger

(\$500 - \$999)

Raymond & Jeanette Bussolari, Community Partners for Health (CHNA 6),
Dudley Nutrition Site, Patrick & Pauline Govanni, IPG Photonics Corporation,
John & Ellen Rockwell, Resident Council and Employees of
Southbridge Rehabilitation & Health Care Center, Southbridge Savings Bank,
Mary Lou Staples, Sutton Nutrition Site, Marilyn L. Travinski,
Webster First Federal Credit Union Employees

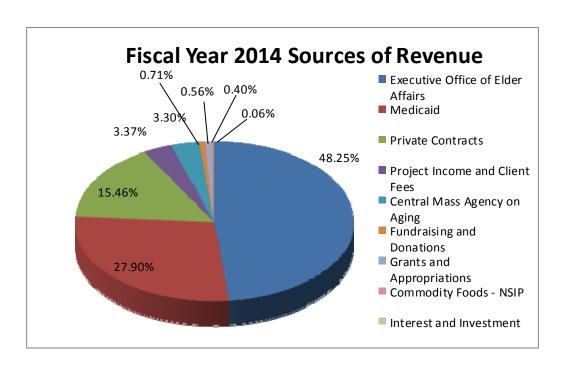


Sources of Revenue

Fiscal Year 2014 (July 1, 2013 – June 30, 2014) Unaudited

Executive Office of Elder Affairs	\$10,265,780	48.26%
Medicaid	\$5,936,873	27.91%
Private Contracts	\$3,289,168	15.43%
Project Income and Client Fees	\$716,123	3.37%
Central Mass Agency on Aging	\$702,245	3.30%
Fundraising and Donations	\$150,632	0.71%
Grants and Appropriations	\$118,638	0.56%
Commodity Foods - NSIP	\$85,087	0.40%
Interest and Investment	\$11,902	0.06%
Total	\$21,276,448	100.00%

Only 5.02% of revenue went to the administration of Tri-Valley.



Tri-Valley, Inc., a private, non-profit agency, receives funding from the Commonwealth of Massachusetts through the Executive Office of Elder Affairs and Federal financial support under the Older Americans Act furnished by the Central Mass Agency on Aging and the Massachusetts Executive Office of Elder Affairs. Funds are also received from public and private sources.