



## *FREE Programs for Caregivers*

# Helping Caregivers Stay Connected through Digital Technology, Social Media & Apps

**Thursday, November 2, 2017**

**4:30 pm Registration, 5:00 pm Light Meal, 5:30 pm Program**

### **Worcester Senior Center**

128 Providence Street, Worcester, MA 01604

Registration required-RSVP to Deb Dowd-Foley 508-756-1545 Ext 390 or [ddfoley@eswa.org](mailto:ddfoley@eswa.org)

**Tuesday, November 7, 2017, 6:00 pm**

### **Leominster Library**

30 West Street Leominster, MA 01453

RSVP to Marc Shelley [alzcaregivers@gmail.com](mailto:alzcaregivers@gmail.com) or Nicole Kanis 978-466-1507

**Thursday, November 9, 2017, 6-7:30 pm**

### **St. Camillus Adult Day Health**

670 Linwood Avenue , Whitinsville, MA 01588

RSVP to Lisa Bernard 508-266-2054, Ext 297 or [lbernard@stcamillus.com](mailto:lbernard@stcamillus.com) or  
Laura Black Silver 508-949-6640 Ext 3079 or [lblack@tves.org](mailto:lblack@tves.org)

#### *Featuring*

- ◆ Nicole Kanis, MS, Caregiver Specialist, Montachusett Home Care, Corp.
- ◆ Laura Black Silver, LICSW, Caregiver Specialist, Tri-Valley, Inc.
- ◆ Deb Dowd-Foley, LSW, Caregiver Specialist, Elder Services of Worcester Area

*You will have an opportunity to experience different digital tools available to help manage caregiving responsibilities, find support and access new information. We will review a range of social media sites, applications for tablets and smartphones, and helpful Websites.*

*Sponsored by the Central Mass Family Caregiver Support Program*

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