



2018 March for Meals



During the month of March, we invite you to participate in the Nutrition Program's annual **March for Meals** campaign.

March for Meals is a national campaign sponsored by Meals on Wheels America to benefit senior nutrition programs like ours. The month of March is designated as a time for Elder Nutrition Programs to appeal for volunteers and donations "so no senior goes hungry."

Our nutrition program served 249,329 meals during fiscal year 2017. That represents 37,266 congregate meals and 212,063 home delivered meals. We utilize the services of 700+ volunteers in addition to paid staff to deliver meals and contain costs.

Some of this year's events:

March 7 - Dairy Queen fundraiser at the Milford Dairy Queen, 190 West Street, from 5 - 8pm

March 15 - Panera fundraising from 4 - 8 pm, Webster Panera, 2 Worcester Rd. (Price Chopper Plaza)

March 19 - Fundraiser day at 308 Lakeside Restaurant, East Brookfield, from 1 - 8 pm

March 22 - Pasta Dinner with entertainment at Southbridge Senior Center, 6:30 - 8 pm, prepared by Chef Donald Altieri, tickets \$10.00.

March 28 - 4th annual Italian dinner, 5 pm (being held this year at Tri-Valley!), prepared by Chartwells, tickets are \$8.00 and must be purchased by March 23rd.

We're also holding a raffle with the following prizes:

Charcoal grill with pizza oven attachment and gift certificate for Stearns Meats

Lap quilt donated by Cornerstone Quilters

Coffee & Snack basket

Margarita basket

Gift certificate for a facial at Hello Gorgeous in Dudley

Tickets are \$3.00 each or 2 for \$5.00

**For more information,
contact Tri-Valley's
Nutrition Dept. at
508-949-6640**

We welcome donations in any amount to our 2018 campaign. All checks payable to Tri-Valley March for Meals (mailed to Tri-Valley, Inc., 10 Mill St., Dudley, MA 01571) All donations will go directly toward the purchase of meals for homebound clients.

Thank you for your support!