



Tri-Valley proudly announces its 2nd Annual

# HEALTH & WELLNESS FAIR

Sponsored by Baystate Benefit Services

**MAY 30, 2019**

10am - 1pm at our 10 Mill Street, Dudley Headquarters

*A FREE event designed for Older Adults & Caregivers featuring*

- AAA    • Central Mass Agency on Aging    • Dudley Fire & Police
- Dudley Veteran's Agent    • Easter Seals MA    • Holden Hearing Aid Center
- Lions Club, Millbury    • OEI CapTel Captioning Phone    • Page Chiropractic
- Second Chance Animal Services (mobile adoption vehicle)    • SHINE
- United Way of Webster & Dudley    • Webster Five
- Webster Senior Center    • WDO Chamber of Commerce

## Discover the Programs & Services offered through Tri-Valley

Benefits Enrollment Center, Options Counseling, Alzheimer's Network, Personal Care Attendant, Adult Family Care, State Home Care, Information & Resources, Caregiver Support & Healthy Aging, or learn how to become a Volunteer at Tri-Valley



**FREE 30 minute seminars:** 10:30 am Webster Five - Senior Fraud: What to Avoid  
11:15 am AAA - Travel Tips  
Plus - Healthy Cooking Demos throughout the day by our Nutritionist



**FREE screenings & assistance:** Lions Club (vision screening), Holden Hearing Aid Center, Page Chiropractic, and Benefits Enrollment Specialist (enrollment assistance by appointment)



## RAFFLES

3 raffle packages of one night stays for two including breakfast donated by:  
The Publick House Historic Inn, Southbridge Hotel & Conference Center and  
Sturbridge Host Hotel & Conference Center

**FREE BEVERAGES, SNACKS & the OPPORTUNITY TO MAKE A REAL CHANGE IN YOUR LIFE!**

*See you on Thursday, May 30<sup>th</sup>!*



TRI-VALLEY, INC. • 10 Mill Street • Dudley, MA 01571

TEL 508-949-6640 • 1-800-286-6640 • WEBSITE [www.trivalleyinc.org](http://www.trivalleyinc.org)

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