



From everyone  
at Tri-Valley, Inc.

*Warm wishes for good health, happiness, peace  
and love during this holiday season and  
throughout the coming year.*

*After facing challenges from the pandemic that were beyond  
our imagination, we are grateful for  
so many things ...*

- That we "didn't miss a beat"... we continued to provide essential services including meals on wheels, protective, crisis intervention and in-home supportive services.
- That we adopted and implemented technologies that allowed the majority of our staff to work from home in order to limit the number of staff present in the building.
- That we followed all recommended precautions and safety measures - *from PPE, extra sanitizing, mask wearing and maintaining distances* - for the limited number of staff working in the office, many working from home, some making necessary home visits and both volunteers and staff delivering meals on wheels.
- For the support of many foundations both local and national that made extra "COVID-19" funding available that allowed us to pre-pack meals on wheels, purchase PPE and technology and network licenses for staff working remotely.
- For the strength, foresight and flexibility of our leadership, the

willingness and drive of our staff and volunteers to learn new ways to be successful while keeping themselves and our consumers safe.

*We will advance into the new year with hope and valuable experience on our side that will guide us once again to be grateful for our accomplishments.*

***2021 WILL BE A BETTER YEAR!***

During this 'Season of Giving' thanks go to many who contributed toward our 26th Annual Winter Food Project that helped 331 food insecure consumers and to the generous customers of Terrazza for their Giving Tree donations of gifts and gift cards to help our neediest clients.



**Share The Love** this holiday season with Subaru of America, Inc.! When you purchase or lease a new Subaru by January 4, 2021, you can select Meals on Wheels to receive \$250, bringing more meals and friendly visits to seniors in need.

Thank you - Meals on Wheels America, Subaru of America, Inc. and Long Subaru of Webster!



Thank you to the Greater Worcester Community Foundation for their recent grant to Tri-Valley's Nutrition Program that supports Meals on Wheels for local older adults. The pandemic has brought an increased need and continued support from this foundation is greatly appreciated!

Volunteers are needed this winter to ensure senior residents are safe after snowstorms. If you would like to volunteer to clear walkways or driveways, sign up by clicking the link below.

[Volunteer Snow Shoveling](#)



## NEED THE WARMTH OF A FRIENDLY CHAT?

This program is for any senior who would like to connect with a volunteer for a friendly chat. The volunteer will call the senior to check in on them, carry on conversations and spend time getting to know each other.

*If you would like to receive phone calls from a volunteer, please call Joanna Braley at 508-949-6640, ext. 3031.*

## Upcoming Virtual Programs for Caregivers from the Alzheimer's Association:

Jan. 7 at 5 PM ► [Understanding & Responding to Dementia-Related Behavior](#)

Jan. 13 at 6 PM ► [Effective Communication Strategies](#)

Jan. 14 at 12 PM ► [Dementia Conversations](#)

Jan. 19 at 5:30 PM ► [Safety and Memory Challenges](#)

### Program in Spanish for Caregivers

Jan. 20 at 6 PM ► [Estrategias de comunicación y manejo de comportamientos](#)  
(Effective Communication Strategies)

Tri-Valley, Inc., a private, non-profit agency, receives funding from the Commonwealth of Massachusetts through the Executive Office of Elder Affairs and federal financial support under the Older Americans Act furnished by the Central Mass Agency on Aging and the Massachusetts Executive Office of Elder Affairs. Funds are also received from public and private sources.

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Donate  
Today

Contact Us

Volunteer With Us