

## DID YOU KNOW?

### The Massachusetts Money Management Program (MMMP)

has been helping older adults manage their finances and maintain their independence since 1991. **MMMP** is available in Tri-Valley's service area and in every city and town in Massachusetts. It is a free service for those who qualify.



**Massachusetts  
Money Management  
Program**

The mission of the **MMMP** is to promote and prolong independent living for income eligible individuals over 60 who are at risk because of their inability to manage their own finances. In order to achieve that mission, the program:

- Provides money management assistance that enables people to live as independently as possible.
- Helps in the least intrusive way so that a person's dignity and privacy are preserved.
- Provides safeguards to protect the consumer, the volunteer and the local ASAP.

In addition to helping consumers with their finances, **MMMP** services also help to reduce isolation and loneliness for many older adults. This has been so important during the past year. Regular phone calls, video meetings, outdoor meetings and home visits continued throughout the pandemic. Staff and volunteers were often the only contact our consumers had to the community. They helped to ease the stress and worry of our consumers by setting up online and automatic payments and finding ways for them to get everything they needed while remaining safe in their homes.

**MMMP** services are greatly appreciated by the people they serve. When asked about the service, and the **MMMP** volunteers, this is what some consumers said:

*"Helped in so many ways, I was losing confidence in myself. My volunteer has restored my confidence. If it wasn't for the MMP I would have given up."*

*"The program takes the stress and pressure off me and gives me peace of mind."*

*"My volunteer has changed my life for the better! Saves me money. Helps twice a month like clockwork. So happy with him and seems to be my best friend. Surprised me about how much it has done for me. Single most important service except outside doctors. He is an outstanding man! Couldn't ask for anymore."*

*"My financial life has been saved because of this service."*

This year the **MMMP** is celebrating its 30th anniversary and the launch of a new logo and website. Visit [massmmp.org](http://massmmp.org) to learn more about the program. For general questions about the program, please email [mmmpinfo@tves.org](mailto:mmmpinfo@tves.org).



## Caregivers needed for Tri-Valley's Adult Family Care Program

Would you like to make a  
difference in the life of an  
individual living with a disability or  
an older adult?

Do you have a spare bedroom?

Our caregivers provide assistance with daily living activities, personal care, meals, room & board, and friendly companionship in the host home setting. Caregiver applicants are carefully interviewed and screened including reference checks, criminal history and home assessments. For more info call 508-949-6640 or go to: [Adult Family Care](#)

## *Start your Engines!*



## Fire & Iron Station 128 Charity Motorcycle Ride Saturday, August 28

*F&I Station 128 is back! Doing what we love to do.  
This year's ride will be to benefit Tri-Valley!*

Please join us for a beautiful ride through the Blackstone Valley.

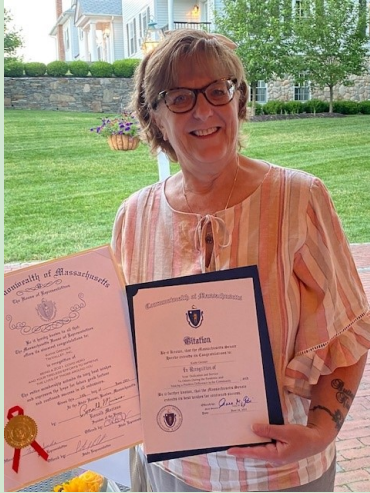
\$20 per rider, \$10 for passenger  
\$10 dinner only, under 12 free

Uxbridge Progressive Club, 18 Whitin St, Uxbridge, MA

Registration 9:30 am - 10:45 am  
Kickstands Up @ 11:00 am  
Riders to return around 2:30 for the dinner.

For those who are unable to attend but wish to donate may do so through PayPal @  
bvstation128@gmail.com or Venmo @ FIStation128.

***Bring your families and friends!***



Congratulations to Kathi Grenier who was honored as one of the local COVID Heroes by the Chamber of Central Mass South!

Kathi is Tri-Valley's Southbridge Nutrition Site Coordinator. She worked tirelessly during the pandemic getting meals to seniors, making sure volunteers and recipients were safe and helping to promote the Harrington vaccination center.

### Resources and Tips to Help You

- [Health Care Scams](#)
- [5 Tips to Improve Sleep in Dementia](#)
- [Keep Your Cells Healthy with Antioxidants](#)
- [Get your vaccine and signup for VaxMillions!](#)

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Contact Us



Donate  
Today

Volunteer With Us