Menu of Services for People Under 60

INFORMATION & RESOURCES is a free service through which callers can obtain information about community resources for consumers of all ages. <u>https://www.trivalleyinc.org/information-resources/</u>

Adult Family Care - The Adult Family Care (AFC) Program provides supportive family living to elders and adults (16+) with disabilities who can no longer live alone. The program is designed for those who would like to live in a family setting in the community rather than an institution. https://www.trivallevinc.org/in-home-services/adult-family-care/

Care Transitions - Our Care Transitions Programs help older and disabled adults transition from the hospital or rehab setting to home. Programs are designed to improve the care of newly discharged Medicare beneficiaries at high risk for readmission to the hospital.

https://www.trivalleyinc.org/hospitalhousingnursing-home/care-transitions/

Family Caregiver Support Program - The Family Caregiver Support Program provides information, education, and support services to assist caregivers in managing the challenges of caring for an elderly parent, relative or friend. <u>https://www.trivalleyinc.org/caregiver-support/</u>

Nursing/Clinical Assessment & Eligibility – A Registered Nurse will perform an assessment to determine a person's clinical eligibility to enter a skilled nursing facility with Medicaid (MassHealth) as the principal payer of record. Screenings are also done for Adult Day Health.

https://www.trivalleyinc.org/community-based-services/nursingclinical-assessment-eligibility/

Ombudsman - The Ombudsman program provides advocacy for residents of long term care facilities and works to improve their quality of life and care. The program is federally mandated under the Older Americans Act. Ombudsman Programs | Mass.gov

Options Counseling - Options Counseling is a statewide initiative supporting people and their choices of where to live and receive services. Options Counselors provide information and support to help people make informed decisions about their care and long term goals. https://www.trivalleyinc.org/hospitalhousingnursing-home/options-counseling/

Personal Care Attendant - The Personal Care Attendant (PCA) Program helps people with chronic illnesses or permanent disabilities who are living in a home environment. Consumers are allowed to hire, train and supervise their own Personal Care Attendant to assist with activities of daily living. https://www.trivalleyinc.org/in-home-services/personal-care-attendant/