



# Mental Health Matters

**WHEN: SUNDAY, MAY 21ST, 2023  
2PM-6PM**

**WHERE: JOSLIN PARK-OXFORD COMMON**

In honor of Mental Health Awareness month, Oxford is looking to do its part to help end the stigma surrounding Mental Health. We whole-heartedly believe it is crucial for individuals and families to receive the support and treatment they deserve to help them through their toughest times.

By bringing various organizations to this event we can provide the community with local resources for an array of mental health services including but not limited to support groups, trauma-response, substance abuse and recovery, domestic violence, suicide prevention, anti-bullying, ABA, Veteran's relief and eldercare.

**Mental Health Matters:  
A Community  
Awareness Event**

